



## ***Cindy Bradbury - Lead Occupational Therapist*** **Bachelor of Occupational Therapy (UQ)**

Cindy is an experienced senior occupational therapist (OT) who has worked as a paediatric OT for 27 years. She has had the opportunity to gain a broad range of skills and knowledge while working with children and adolescents across the hospital (inpatients and outpatients), community child health, adolescent mental health and private practice settings. She values collaboration with other service providers including health care and medical professionals, school and childcare staff, to provide a holistic approach to the care of clients and their carers focused on learning, dressing, eating, managing behaviours, sleep and sports.

Cindy's clinical responsibilities have included carrying out a wide range of formal and informal assessments and clinical observations in various environments relevant to the child. She has also provided diverse therapy interventions to meet the goals and needs of clients, families, teachers and kindy staff.

Cindy is the lead OT here at Tools 4 Life OT and takes care of every aspect of the clinic. She is involved in the training and supervision of other staff to ensure they deliver evidenced based therapy intervention in line with a high standard of clinical accountability.

When not at work, Cindy enjoys spending time outdoors at the beach or camping with her dogs, family and friends. She also loves to attend musicals with her daughter. Cindy enjoys being active and now understands the importance of a balance of work, leisure, rest and self-care to maximise her own well-being and that of the children and families she works with.

### **Areas of interest include:**

- Infant and toddler development
- Behaviour management
- School readiness and participation
- Fine motor skills
- Building confidence & independence
- Enhancing individual skills
- Learning
- Support coping with medical procedures

### **Qualifications**

- Bachelor of Occupational Therapy

### **Professional Memberships**

- Member AHPRA
- Functional Neurological Disorder Special Interest Group



**TOOLS 4 LIFE**  
Occupational Therapy

To learn more about Tools4Life OT, or how Cindy can support you, please contact:  
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